

McLaurin Cross Country & Project Graduation

5k Run/Walk

& 1-mile kids' fun run

August 30, 2014



Location: Race begins and ends at Liberty Park in Flowood, MS

5k Run begins at 8:00am, 5k walk at 8:15am, 1 mile fun run begins approximately 9:00am

Registration: Pre-register by mail, postmarked no later than Thursday, July 31, 2014. Race day Registration begins at 7:00am. 5k pre-registration is \$20 and race day fee is \$25. Kids Fun Run registration is \$10.

*Race t-shirts are only guaranteed to pre-registered applicants.

Awards & Age Groups: Awards ceremony will be held at the Start/Finish area.

5k Run/Walk: Overall male and female in open, masters, and grand masters; first, second, and third in the following age groups.

5k Run: Male and Female – 19 and under, 20-29, 30-39, 40-49, 50-59, 60+

5k Walk: Male and Female – 19 and under, 20-29, 30-39, 40-49, 50-59, 60+

One Mile Fun Run: Male and Female – 0-5, 6-7, 8-9, 10-11, 12-13

To register, please complete the form below and mail with payment to:

McLaurin Cross Country

Attn: Jessica Watkins

130 Tiger Drive

Florence, MS 39073

Name: _____

Address: _____

Age on Aug. 30, 2014: _____ Sex: _____

City/State/Zip: _____

Phone: _____ Email: _____

Shirt Size: S M L XL XXL

Event: 5k Run 5k Walk 1

mile Fun Run

Waiver: In consideration of this entry acceptance, I hereby for myself, my heirs, executors and administrators, waive any and all rights and claims to damages I may have against the McLaurin Cross Country team or Rankin County School District and any other individuals or entities connected with the sponsoring or organizing of this event, and for any injuries, loss or death sustained by me. I am in good physical condition for this event.

Signature: _____ Date: _____

(Parent Signature if under age 18)