

Race Date  
October 04, 2014

The AKA 5k  
Age Group Results

**5k Run**

Male Master Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Cal Peters		59	87	2	22:30.6

Female Master Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Betty Sullivan		53	70	9	28:08.3

Male Grand Master Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	James Herron		53	94	37	42:30.9

Female Grand Master Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Linda Green		57	46	42	48:37.6

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Caurice Burk		28	2	1	20:42.2

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Shannon Steele		45	83	3	22:36.3

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**Male 19 and Under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Jabari Williams		18	141	4	22:55.8

**Female 19 and Under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Nia Smith		14	143	8	27:49.2
2 *	Kayia Smith		11	142	35	39:41.0
3 *	Kyndal Pace		9	85	52	58:34.0

**Female 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Kamisha Edwards		24	44	7	27:15.8
2 *	Tori Brinkley		26	40	12	30:02.7
3 *	Amber Parker		27	89	32	39:09.2
4	Britany Singleton		25	91	38	44:20.4
5	Nicole Sheriff		27	74	44	50:10.0
6	Tashika Stevens		28	51	47	52:59.3
7	Cesley Draper		25	86	49	55:45.1
8	Nabulungi Hannah		29	146	50	56:36.0

**Female 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Kantave Green		39	47	5	23:01.6
2 *	Shana Cox		34	28	10	29:57.6
3 *	Diane Williams		32	55	13	30:07.4
4	Mecca Lawhorn		34	37	15	31:16.4
5	Melanie Daniels		35	42	18	31:57.1
6	Nekeya Glover		32	80	20	33:01.5
7	Jacqueline Roby		36	65	24	34:01.9
8	Rhonda Magee		33	73	26	34:30.2
9	T.Nicole Hardy		33	99	28	36:57.1
10	Kimberly Smith		34	8	29	37:44.6
11	Nikeya Avery		33	39	31	38:57.8
12	Tisha Burk		33	77	33	39:17.9
13	Jennifer Seal		38	7	34	39:40.8
14	Arlishea Lomak-Coverson		34	144	36	41:07.8
15	Monifa Horton-Beal		34	1	43	49:16.1

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Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
16	Kendra Shell		36	76	45	51:11.2

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Hafid Muhammad		43	147	6	23:51.0
2 *	Joseph Wade		43	53	17	31:56.7
3 *	Charles Hill		45	34	22	33:46.2
4	Julian Williams		46	82	48	54:41.4

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Tammy Proctor		40	64	11	29:59.7
2 *	Felisha Fleming		43	32	14	30:57.8
3 *	Demetria Thompson		45	81	16	31:17.5
4	Letha Garrett		44	60	19	32:46.3
5	Hazel Hill		42	35	21	33:44.3
6	Susie Hubbard		40	62	23	33:53.8
7	Sherone Williams		42	11	25	34:13.5
8	Mona Carr		49	41	27	35:20.8
9	Karen Lockett		49	4	30	38:53.8
10	Evette Smith		43	49	40	45:32.1
11	Renea Pullam		42	38	41	45:52.8
12	M. Pleshette Smith		44	13	46	51:17.0
13	Katina Pace		42	84	51	58:33.7
14	Kira Johnson		40	75	53	1:03:39.4

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Ronald Jones		70	26	39	44:38.5

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**5k Walk**

Female Master Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Lori Weathers		52	54	3	39:41.7

Female Grand Master Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	DeLeslie Graham		62	12	11	47:46.1

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Ashley Martin		26	68	1	36:54.0

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**5k Walk**

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Travia Thomas		27	78	6	44:04.9
2	Bethany Bridges		26	148	16	50:12.2
3	Travis Howard		27	100	20	55:56.1
4	Hope Naylor		28	145	21	56:16.3
5	Alexis Morris		28	69	24	56:41.7

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Marcia Collins		38	19	2	39:17.0
2	* Maronda Dixon		39	43	5	41:01.6
3	* Gwen Royal		32	97	8	44:59.7
4	Stacey Carter		37	95	10	45:44.8
5	Lane Milsha		31	150	12	48:36.8
6	Allesha Reed		39	29	17	51:30.7
7	Courtney Powell		30	90	18	52:10.7
8	Ashley Hendricks		31	88	23	56:40.1
9	Keenan Singleton		39	50	27	57:22.9

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Kimberly Griffin		43	149	4	40:03.1
2	* Cynthia Thompson		44	66	7	44:14.4
3	* Felecia Carter		40	96	9	45:31.3
4	Letitia Newman		42	14	13	48:45.0
5	Katina McCoy		40	15	14	49:58.9
6	Robbie Kemp		49	72	15	50:00.7
7	Shonda DeVerteil		45	24	19	54:56.7
8	Nsombi Lambright		41	71	22	56:39.6
9	Thaum Granderson		41	3	29	58:54.9

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Cathedral Woodruff		50	56	26	57:16.6
2	* Linda Gater		54	23	28	57:25.8
3	* Robin Silas		55	92	30	1:02:59.6
4	Andrea Thomas		58	93	31	1:03:07.9

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**5k Walk**

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
5	M. Theresa King		57	17	32	1:03:45.9

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Gloria Johnson		60	20	25	56:41.9