

2015



Saturday,
October 10, 2015
Meridian City Hall



Registration / Check in Begins at 7 AM

5k Run/Walk Relay Starts Promptly at 9 AM

Entry Fee: \$25/Single, \$40/Family

How to Register Early: Send by mail by using the form below or online at www.active.com

Announcing the 1st Annual Family Relay – GenM – in the heart of downtown Meridian. GenM stands for Generation Movement and that’s just what we want to do – get all of our generations moving! This is a family-oriented relay and while finishing fast is great, finishing with your loved ones is the goal! The single racers will begin the race at 9:00am and parents or guardians will begin the race 5 minutes later. Those participating in the relay will then hand their baton to their child with about ½ mile left in the 5k to finish the race! The race for adults will start in at the Meridian City Hall. Children may be dropped off between 8-8:30am at the First Baptist Church of Meridian where they will be corralled and eagerly await their parents / guardians arrival!

Information: Amy Ayers @ 828-964-7761 (a2gpeople@gmail.com)

Mail to: A-Squared Wellness, P.O. Box 782, Blowing Rock, NC 28605

Make your check payable to A-Squared Wellness and mail prior to October 1, 2015.

T-Shirt Size

Participant Name: _____ Adult Child S M L XL

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Participant Name: _____ Adult Child S M L XL

Home Address: _____ City: _____ State: _____

Signature of Parent / Guardian / Single Racer: _____

By signing above, I waive and release any and all rights and claims for damages I may have resulting from my and my family’s voluntary participation in the GenM event. I/we attest that I/we are physically fit and able to complete this event.