

Saturday, June 18th



5K Run Walk

Location: Crossgates Baptist Church
8 Crosswoods Rd, Brandon, MS 39042

Race Time: 5K Run/Walk starts at 8:00 am
Kids Fun Run following 5K

Registration: \$25 5K, \$10 Kids Fun Run
T-shirts guaranteed if registered by June 8th

Online Registration: 1LightforGod.net/race

Packet Pick-up: June 17, 2016, 5:00-7:00 pm or Race Day at 7:15 am
Crossgates Baptist Church

Make checks payable to: New Life Baptist Church
209 Overlook Cove, Brandon, MS 39042

Awards: Overall Male/Female Run & Walk
1st-3rd Places: 0-19, 20-29, 30-39, 40-49, 50-59, 60+
1st-3rd Places Kids Fun Run
Timing: Sisu Timing

For additional information contact: Jeff or Karen Bedford- jeffkarenbedford@yahoo.com

Cut along line and return lower portion with payment (One Form for each participant)

Name: _____ **Phone:** _____

Email: _____

Address: _____

Check Race: 5K Run 5K Walk Kids Fun Run **Age on Race Day:** _____ **Gender:** _____

Shirt Size (circle one) Adult: S M L XL XXL Youth: XS S M L

Participant Waiver

I, _____, assume all risks and hazards incidental to the conduct of the activities of the 5K and associated runs being held on Saturday, June 18. I hereby release, absolve, indemnify and hold harmless Crossgates Baptist Church, the organizer, sponsors and supervisors from any and all loss, injury or other claims, legal or otherwise, on the person named above arriving out of this activity. In case of injury, I hereby waive all claims against Crossgates Baptist Church, the organizers, sponsors, or any of the supervisors appointed by them. I understand that every effort will be made to contact the emergency contact below. However, permission is hereby granted to the event leader to authorize treatment by a physician to perform necessary medical treatment. **In the event of an emergency notify:**

Name: _____ Relationship: _____

Phone Number: (Home) _____ (Work) _____ (Cell) _____

Address: _____

Printed Name _____

Signature _____ Date _____

Parent/Guardian Signature (if applicant under 18):

Parent/Guardian Printed Name _____

Parent/Guardian Signature _____ Date _____