

# Mind, Body & Soul 5K

Race Date  
September 15, 2018

## Overall Finish List

### 5k Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
1	Teresa Crothers		19	53	F	1 Top Fin	22:38.4
2	Kelsey Conner		17	28	F	1 20-29	23:25.9
3	Roland Rhodes		51	57	M	1 Top Fin	24:06.7
4	Daniel Chavez-Yenter		47	29	M	1 20-29	24:31.8
5	John Hicks	Vicksburg MS	18	35	M	1 30-39	25:02.8
6	Sherrid Girffin		66	45	M	1 40-49	25:25.8
7	Christina Guarino		7	43	F	1 40-49	25:29.8
8	Steve Bramlette		52	61	M	1 60-99	25:56.8
9	Casey Cinno		55	33	F	1 30-39	28:25.2
10	Antonio Hartwell		56	29	M	2 20-29	33:56.4
11	Sebastian Davis		39	34	M	2 30-39	34:01.5
12	Willie Demus	Jackson MS	23	53	M	1 50-59	34:09.0
13	Marie Lockett		1	56	F	1 50-59	34:17.0
14	James Garner		59	64	M	2 60-99	36:54.5
15	Roy Lively		4	71	M	3 60-99	37:34.0
16	Dominique Muller		53	33	F	2 30-39	38:02.6
17	Kimberly Williams		49	51	F	2 50-59	38:07.1
18	Sabin Abdul-Haqq		57	38	M	3 30-39	38:23.7
19	Angela Hams		71	51	F	3 50-59	38:32.8
20	Helen Robinson		11	57	F	4 50-59	39:49.6
21	Timothy Harris		21	60	M	4 60-99	40:02.8
22	Anita Young		63	47	F	2 40-49	41:25.4
23	Claudean Ervin		12	55	F	5 50-59	41:52.8
24	Penny Lively		5	71	F	1 60-99	42:48.4
25	Leigh Tanner		8	56	F	6 50-59	43:17.0
26	Brenda watt		54	49	F	3 40-49	45:52.1

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### 5K Walk

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1	Caesar Hamilton		50	62	M	1 Top Fin	36:13.3
2	Shelisa Thomas		10	48	F	1 Top Fin	42:29.1
3	Stacey Nelson		67	49	F	1 40-49	42:35.3
4	Falonda Garner		48	45	F	2 40-49	43:36.3
5	Sheri Adamson		3	73	F	1 60-99	44:25.1
6	Anne Webster		14	72	F	2 60-99	45:02.2
7	Karen Skadden		6	64	F	3 60-99	45:29.3
8	Cynthia Mckey-Shorter		73	60	F	4 60-99	46:30.2
9	Terra Watkins		13	42	F	3 40-49	48:46.4
10	Gloria Salters		9	56	F	1 50-59	48:54.8
11	Leslie Whiting		72	34	F	1 30-39	49:05.3
12	Sabrina Shelby		65	50	F	2 50-59	49:49.3
13	LaTonya Ingram		38	42	F	4 40-49	49:50.1
14	Linda Rigsby		58	52	F	3 50-59	52:27.7
15	Arnesa Henderson		22	19	F	1 0-19	53:12.1
16	Tonja Murphy		42	45	F	5 40-49	53:14.1