

Race Date
August 24, 2019

Mind, Body & Soul 5K
Age Group Results

5k Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Roland Rhodes		58	85	2	24:26.2

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Bridgett Brooks		37	53	1	24:23.1

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Male 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Darren Melton		12	41	3	27:06.0

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Kaswana Moore		29	20	4	27:07.0
2 *	Taylor Jones		23	32	6	28:01.4
3 *	Kelly Paullus		26	31	16	35:20.3

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Gregory Anderson Jr.		33	21	11	32:30.5

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Kimberly Smith		30	58	13	32:41.7
2 *	Jasmine Hayes.		30	91	14	32:51.2

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Fredrick Wilson		48	54	5	27:22.2
2 *	Derrick Hicks		41	63	8	31:51.8
3 *	Deorue Rollins		49	90	9	32:02.7
4	Glen Presley		43	95	10	32:20.2
5	Shomari Rawls		45	89	17	35:44.3

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Luretha Burns		41	69	12	32:36.2
2 *	Angela Williams		45	55	19	37:29.5
3 *	Anita Young		46	23	23	46:33.6

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Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Mary Alice Higgs		50	10	15	33:04.5
2 *	Marie Lockett		57	50	18	35:50.6
3 *	Tonja Tarvin		51	96	20	38:50.6
4	Vanessa Addison		54	56	21	39:11.1
5	Karen Jackson		50	13	25	50:00.6

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Jack Ward		70	62	7	30:57.0

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Jennie Hall		60	15	22	39:18.0
2 *	Katherine Hall		62	29	24	47:26.9

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5K Walk

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Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Zach Thompson		41	28	1	28:05.7

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Demonica Brown	Benedict	37	70	4	40:10.6

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5K Walk

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Marcus Monger		38	86	2	34:04.5
2 *	Roderick Oliver		31	97	16	55:05.1

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Shatuana Maxie		38	57	5	40:13.1
2 *	Marinita Carroll		37	52	7	40:19.6

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Rosalie Casano		40	26	6	40:17.5
2 *	Rebecca Newsome		47	6	9	43:42.8
3 *	Kimberly Madakasira		44	27	13	47:26.2

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Dwight Lockett		58	51	8	42:04.7

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Sandra Bell		52	12	10	44:37.9
2 *	Leigh Tanner	Jackson MS	57	5	11	44:40.7
3 *	Michelle Wilson		50	33	12	46:06.0
4	Lisa Taylor		53	84	17	56:50.0

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Caesar Hamilton		63	92	3	37:50.5

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Karen Skadden	Richland MS	65	4	14	48:03.8
2 *	Sheri Adamson	Brandon MS	74	1	15	49:01.6