

Race Date
August 24, 2019

Mind, Body & Soul 5K
Age Group Results

5k Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Roland Rhodes		58	85	2	24:26.2

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Bridgett Brooks		37	53	1	24:23.1

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5k Run

Male 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Darren Melton		12	41	3	27:06.0

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Kaswana Moore		29	20	4	27:07.0
2 *	Taylor Jones		23	32	6	28:01.4
3 *	Kelly Paullus		26	31	17	35:20.3

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Gregory Anderson Jr.		33	21	12	32:30.5

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Kimberly Smith		30	58	14	32:41.7
2 *	Jasmine Hayes.		30	91	15	32:51.2

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Fredrick Wilson		48	54	5	27:22.2
2 *	Zach Thompson		41	28	7	28:05.7
3 *	Derrick Hicks		41	63	9	31:51.8
4	Deorue Rollins		49	90	10	32:02.7
5	Glen Presley		43	95	11	32:20.2
6	Shomari Rawls		45	89	18	35:44.3

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Luretha Burns		41	69	13	32:36.2
2 *	Angela Williams		45	55	20	37:29.5
3 *	Anita Young		46	23	24	46:33.6

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5k Run

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Mary Alice Higgs		50	10	16	33:04.5
2 *	Marie Lockett		57	50	19	35:50.6
3 *	Tonja Tarvin		51	96	21	38:50.6
4	Vanessa Addison		54	56	22	39:11.1
5	Karen Jackson		50	13	26	50:00.6

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Jack Ward		70	62	8	30:57.0

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Jennie Hall		60	15	23	39:18.0
2 *	Katherine Hall		62	29	25	47:26.9

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5K Walk

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Marcus Monger		38	86	1	34:04.5

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Demonica Brown	Benedict	37	70	3	40:10.6

Mind, Body & Soul 5K

Age Group Results

5K Walk

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Roderick Oliver		31	97	15	55:05.1

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Shatuana Maxie		38	57	4	40:13.1
2 *	Marinita Carroll		37	52	6	40:19.6

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Rosalie Casano		40	26	5	40:17.5
2 *	Rebecca Newsome		47	6	8	43:42.8
3 *	Kimberly Madakasira		44	27	12	47:26.2

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Dwight Lockett		58	51	7	42:04.7

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Sandra Bell		52	12	9	44:37.9
2 *	Leigh Tanner	Jackson MS	57	5	10	44:40.7
3 *	Michelle Wilson		50	33	11	46:06.0
4	Lisa Taylor		53	84	16	56:50.0

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Caesar Hamilton		63	92	2	37:50.5

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Karen Skadden	Richland MS	65	4	13	48:03.8

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2 *	Sheri Adamson	Brandon MS	74	1	14	49:01.6