

# Mind, Body & Soul 5K

Race Date  
August 24, 2019

## Overall Finish List

### 5k Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
1	Bridgett Brooks		53	37	F	1 Top Fin	24:23.1
2	Roland Rhodes		85	58	M	1 Top Fin	24:26.2
3	Darren Melton		41	12	M	1 0-19	27:06.0
4	Kaswana Moore		20	29	F	1 20-29	27:07.0
5	Fredrick Wilson		54	48	M	1 40-49	27:22.2
6	Taylor Jones		32	23	F	2 20-29	28:01.4
7	Jack Ward		62	70	M	1 60-99	30:57.0
8	Derrick Hicks		63	41	M	2 40-49	31:51.8
9	Deorue Rollins		90	49	M	3 40-49	32:02.7
10	Glen Presley		95	43	M	4 40-49	32:20.2
11	Gregory Anderson Jr.		21	33	M	1 30-39	32:30.5
12	Luretha Burns		69	41	F	1 40-49	32:36.2
13	Kimberly Smith		58	30	F	1 30-39	32:41.7
14	Jasmine Hayes.		91	30	F	2 30-39	32:51.2
15	Mary Alice Higgs		10	50	F	1 50-59	33:04.5
16	Kelly Paullus		31	26	F	3 20-29	35:20.3
17	Shomari Rawls		89	45	M	5 40-49	35:44.3
18	Marie Lockett		50	57	F	2 50-59	35:50.6
19	Angela Williams		55	45	F	2 40-49	37:29.5
20	Tonja Tarvin		96	51	F	3 50-59	38:50.6
21	Vanessa Addison		56	54	F	4 50-59	39:11.1
22	Jennie Hall		15	60	F	1 60-99	39:18.0
23	Anita Young		23	46	F	3 40-49	46:33.6
24	Katherine Hall		29	62	F	2 60-99	47:26.9
25	Karen Jackson		13	50	F	5 50-59	50:00.6

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**5K Walk**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
1	Zach Thompson		28	41	M	1 Top Fin	28:05.7
2	Marcus Monger		86	38	M	1 30-39	34:04.5
3	Caesar Hamilton		92	63	M	1 60-99	37:50.5
4	Demonica Brown	Benedict	70	37	F	1 Top Fin	40:10.6
5	Shatuana Maxie		57	38	F	1 30-39	40:13.1
6	Rosalie Casano		26	40	F	1 40-49	40:17.5
7	Marinita Carroll		52	37	F	2 30-39	40:19.6
8	Dwight Lockett		51	58	M	1 50-59	42:04.7
9	Rebecca Newsome		6	47	F	2 40-49	43:42.8
10	Sandra Bell		12	52	F	1 50-59	44:37.9
11	Leigh Tanner	Jackson MS	5	57	F	2 50-59	44:40.7
12	Michelle Wilson		33	50	F	3 50-59	46:06.0
13	Kimberly Madakasira		27	44	F	3 40-49	47:26.2
14	Karen Skadden	Richland MS	4	65	F	1 60-99	48:03.8
15	Sheri Adamson	Brandon MS	1	74	F	2 60-99	49:01.6
16	Roderick Oliver		97	31	M	2 30-39	55:05.1
17	Lisa Taylor		84	53	F	4 50-59	56:50.0