

Be The Light 5K and 10K

Age Group Results

Race Date
November 05, 2022

5K Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Tim Taylor		49	26	3	33:38.1

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Anne-Marie Obilade		49	21	1	28:17.6

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5K Run

Male 11 to 15

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Nils Crowe		14	17	6	39:36.6

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Kelly Paullus		29	4	4	36:56.4

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Jamie Collins		36	3	8	49:52.3

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Marcie Taylor		48	25	2	33:32.8
2 *	Cynthia Echols		47	19	5	37:15.1

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Willie Demus		57	24	7	39:46.2

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Age Group Results

5K Walk

Race Date
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Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	John Cothron		51	30	4	52:44.4

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	LaMonica Calloway		53	23	1	50:43.3
2	Charis Sekanic		23	2	2	50:43.8
3	Jeanetta Cothron		50	29	3	52:44.0

Race Date
November 05, 2022

Be The Light 5K and 10K
Age Group Results

10K Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	G Anthony Kunkel		30	31	1	34:45.9

Race Date
November 05, 2022

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Age Group Results

10K Run

Male 99 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Roland Rhodes		61	32	2	55:03.4
2 *	Richard Polzin		71	1	3	1:01:04.7