

Race Date
January 28, 2023

Extreme Totem Pole Trail Run 10K and 5K

Age Group Results

5k Run

Men Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1 | Brennan Jackson | | 13 | 30 | 1 | 24:08.4 |

Women Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1 | Charlotte Oates | | 15 | 72 | 5 | 28:21.5 |

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Male 19 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Brady Peacock | | 19 | 56 | 2 | 24:26.2 |
| 2 | Joshua Craft | | 16 | 63 | 9 | 32:16.2 |
| 3 | Carson Green | | 14 | 22 | 19 | 38:22.2 |

Female 19 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Kiersten Amos | | 10 | 46 | 20 | 39:42.7 |
| 2 | Raleigh Green | | 17 | 23 | 31 | 1:00:54.4 |
| 3 | Ahna Bliss Niswander | | 15 | 62 | 32 | 1:00:55.6 |

Male 20 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Preston Priest | | 20 | 74 | 13 | 36:13.6 |

Female 20 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Cyara Pendergrass | | 21 | 33 | 10 | 32:20.1 |
| 2 | Taylor Jones | | 27 | 38 | 28 | 48:06.0 |

Female 30 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Tina Irby | | 37 | 40 | 11 | 32:49.7 |
| 2 | Katie Amos | | 38 | 45 | 22 | 39:46.5 |
| 3 | Kelly Paullus | | 30 | 39 | 27 | 48:01.2 |

Male 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Paul Jackson | | 44 | 29 | 6 | 29:36.4 |
| 2 | Aaron Flanders | | 45 | 64 | 7 | 29:51.6 |
| 3 | Jason Boyte | | 42 | 68 | 16 | 37:07.5 |
| 4 | Jarod Amos | | 43 | 65 | 21 | 39:42.9 |
| 5 | Ben Green | | 41 | 21 | 25 | 45:36.9 |
| 6 | Opie Cooper | Brandon MS | 47 | 16 | 29 | 53:42.4 |

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Female 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|--------------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Sandee Pendergrass | | 49 | 32 | 8 | 31:41.0 |
| 2 | Trisha Marie | | 43 | 61 | 26 | 45:38.3 |
| 3 | Kelly Shannon | | 47 | 60 | 30 | 53:43.3 |

Male 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Tim Shanks | | 54 | 2 | 4 | 28:00.6 |
| 2 | Sheldon Alston | | 53 | 31 | 12 | 33:15.6 |
| 3 | Trey Curry | | 55 | 27 | 14 | 36:38.5 |
| 4 | Michael Louvier | | 57 | 25 | 15 | 37:06.8 |
| 5 | John Conway | | 56 | 26 | 17 | 37:59.4 |
| 6 | Reed Branson | | 59 | 20 | 18 | 38:00.8 |

Female 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Tracie Peacock | | 55 | 5 | 23 | 40:16.3 |

Male 60 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Robert Peacock | | 62 | 4 | 3 | 26:10.4 |
| 2 | Gary Crosby | | 61 | 18 | 24 | 40:18.5 |

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5K Walk

Men Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|
| 1 | Ronald Roma | | 69 | 43 | 1 | 37:18.5 |

Women Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|
| 1 | April Cook | Columbia MS | 47 | 49 | 2 | 46:13.2 |

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5K Walk

Male 19 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | John Henry King | | 11 | 14 | 5 | 59:45.5 |

Female 19 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Trinity Hasson | | 18 | 37 | 11 | 1:09:34.8 |

Male 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Luke Cook | | 48 | 50 | 3 | 54:46.8 |
| 2 | Jonathan Rogers | | 49 | 28 | 4 | 55:28.0 |
| 3 | Hank King | | 43 | 12 | 8 | 59:57.4 |

Female 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Kristin King | | 42 | 13 | 7 | 59:56.8 |
| 2 | Christy Hasson | | 48 | 36 | 10 | 1:09:34.1 |

Male 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Kirk Haynes | | 51 | 24 | 9 | 1:00:00.8 |

Female 60 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Kathleen Phelps | | 70 | 51 | 6 | 59:50.6 |

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10K Run

Men Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|
| 1 | Rigdon Reeve | | 14 | 73 | 1 | 50:54.8 |

Women Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 | Shannon Steele | | 54 | 47 | 7 | 1:01:43.1 |

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10K Run

Male 19 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Adam Zettle | | 19 | 7 | 12 | 1:10:23.8 |

Male 30 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Steven Hernandez | | 34 | 66 | 3 | 51:29.0 |

Female 30 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Katherine Smith | | 38 | 52 | 15 | 1:14:53.7 |
| 2 | Alexis Casteel | | 32 | 59 | 22 | 1:45:29.2 |

Male 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | WESLEY EDWARDS | | 41 | 67 | 2 | 51:15.5 |
| 2 | BRADLEY JONES | | 46 | 69 | 17 | 1:22:27.1 |

Female 40 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Chris Alexander | | 44 | 15 | 16 | 1:17:50.6 |

Male 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Mark Crosby | | 57 | 11 | 4 | 54:41.3 |
| 2 | Scott Presley | | 50 | 8 | 9 | 1:05:22.9 |
| 3 | Lex Davis | | 51 | 57 | 11 | 1:07:18.3 |
| 4 | Dave Griffin | | 50 | 44 | 14 | 1:13:44.3 |

Female 50 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Nicole Arbour | | 56 | 19 | 18 | 1:23:42.7 |
| 2 | SISSY MORELAND | | 56 | 53 | 19 | 1:43:07.7 |

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|--------------|-------------|-------------|------------|---------------|----------------|-------------|
| 3 | Paula Davis | | 52 | 58 | 21 | 1:45:23.5 |

Male 60 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Greg Gearhart | | 66 | 34 | 5 | 56:54.8 |
| 2 | Roland Rhodes | | 62 | 71 | 6 | 1:01:11.8 |
| 3 | Joe Gibbs | | 64 | 35 | 8 | 1:02:08.8 |
| 4 | Lanny Pace | | 61 | 10 | 10 | 1:05:49.7 |
| 5 | Randy Zettle | | 62 | 6 | 13 | 1:10:25.1 |

Female 60 and Over

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|
| 1 * | Karen Gilder | | 60 | 9 | 20 | 1:43:22.8 |