Race Date
October 22, 2016

Arrow Dash 5K Run/Walk 2016

Age Group Results

5K Run

Male Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	James Harrison		40	117	10	24:58.5

Female Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Theresa Cole		46	70	31	28:55.5

Male Grand Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Milton Haynes		59	369	15	25:42.3

Female Grand Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Rita Simmons		58	252	49	34:22.2

Male Open Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Jody Ogoltree		53	372	1	19:07.8

Female Open Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Lauren Metz		18	187	4	23:31.5

Arrow Dash 5K Run/Walk 2016

Age Group Results

5K Run

Male 10 and Under

Place		Name	City	Age	Bib No	Overall	Time
1	*	Joshua Boone		10	25	2	22:04.9
2	*	Adam Boone		9	23	11	25:09.7
3	*	Harrison Lollar		10	169	18	26:39.5
4		Logan Bryant		10	365	20	26:46.9
5		Ethan Rone		8	232	51	34:47.4
6		Josiah Riggs		8	225	63	41:21.5
7		Cooper Poirier		10	213	72	46:48.5
8		Aiden Wynn		7	308	76	48:15.8
9		Kyrign Lockhart		7	345	82	1:02:28.8

Female 10 and Under

Place		Name	City	Age	Bib No	Overall	Time
1	*	Saylor Bynum		8	52	58	39:20.8
2	*	Jordyn Pollard		7	218	70	44:32.6
3	*	Alana Wynn		2	309	74	48:10.7
4		Chloe Shelby		8	251	79	50:19.6

Male 11 to 14

Place		Name	City	Age	Bib No	Overall	Time
1	*	Carter Gibbs		11	342	22	26:53.4
2	*	Tanner Poirier		13	215	36	29:54.0

Male 15 to 19

Place		Name	City	Age	Bib No	Overall	Time
1	*	Jackson McCarty		19	182	41	31:09.2

Female 15 to 19

Place		Name	City	Age	Bib No	Overall	Time
1	*	Madison Johnson		19	147	48	33:02.9

Female 20 to 24

Place		Name	City	Age	Bib No	Overall	Time
1	*	Jasmine Jelks		24	336	29	28:15.2

Arrow Dash 5K Run/Walk 2016

Age Group Results

5K Run

Female 20 to 24

Place		Name	City	Age	Bib No	Overall	Time
2	*	Megan Cole		24	69	30	28:38.5
3	*	Jamia Jelks		20	337	32	29:02.9
4		Hannah Darnell		20	77	37	30:01.5
5		Ashlie Hollingshead		23	124	46	32:56.6
6		Rebekah Ostoj		20	202	53	34:51.0
7		Anna Biggs		21	379	68	42:35.2
8		Laura Kate Park		20	205	71	46:04.0

Male 25 to 29

Place		Name	City	Age	Bib No	Overall	Time
1	*	Bryce Brewer		25	338	17	26:35.2
2	*	Corey Abdeen		28	1	26	27:42.2
3	*	Gabriel Prado		27	219	61	41:11.6

Female 25 to 29

Place		Name	City	Age	Bib No	Overall	Time
1	*	Lindsey Laborde		29	162	12	25:15.4
2	*	Ariel Childs		28	64	25	27:37.8
3	*	Heather Boelke		27	21	28	27:52.2
4		Meredith Jierski		27	145	45	32:44.9
5		Valerie Dembny		25	83	57	36:31.8
6		Jessica Hardy		26	113	66	42:11.4
7		Debrietta Pollard		27	217	69	44:31.7

Male 30 to 34

Place		Name	City	Age	Bib No	Overall	Time
1	*	Chad Dixon		30	85	5	23:45.6
2	*	Jim Williamson		33	305	6	23:47.2
3	*	Jonathan Ambrose		34	7	7	23:56.5
4		Joseph Kazery		34	154	54	35:51.3
5		Terry Wynn		34	310	75	48:12.6

Female 30 to 34

Place	Name	City	Age	Bib No	Overall	Time

Arrow Dash 5K Run/Walk 2016

Age Group Results

5K Run

Female 30 to 34

Place		Name	City	Age	Bib No	Overall	Time
1	*	Claire Jungling		33	151	16	25:47.0
2	*	Tami Boone		32	27	21	26:48.7
3	*	Hendaya Haggerty		34	378	34	29:24.8
4		Mandy Ambrose		33	8	35	29:43.8
5		Lane Vargas		30	289	40	30:37.9
6		Nikki Rutland		34	245	64	42:00.5
7		Julie Young		34	313	67	42:17.8
8		Kelleigh McLeod		30	185	80	57:17.2

Male 35 to 39

Place		Name	City	Age	Bib No	Overall	Time
1	*	Jimmy Boone		37	24	3	22:05.4
2	*	Nathan Cummins		36	377	9	24:42.6
3	*	Nason Lollar		39	332	42	31:10.0
4		Stephen Rone		37	235	52	34:49.6
5		Scotty Riggs		39	229	62	41:19.9
6		Daniel Rutland		35	243	65	42:01.9

Female 35 to 39

Place		Name	City	Age	Bib No	Overall	Time
1	*	Carla Brown		37	36	8	24:33.4
2	*	Maya Buford		37	44	14	25:39.7
3	*	Amanda Lollar		38	168	24	27:20.7
4		Amy Harrison		39	114	27	27:47.9
5		Christy Williamson		36	303	43	31:36.8
6		Judy Adkisson		39	3	50	34:26.2
7		Haley Rone		36	234	55	35:56.7
8		Amanda Kimbrell		37	157	60	39:37.6
9		Tiffany Poirier		36	216	73	46:56.8
10		Keonna Clincy		35	370	78	50:15.7
11		Leeann Riggs		35	226	81	58:23.9

Male 40 to 44

Place		Name	City	Age	Bib No	Overall	Time
1	*	Frankie Vargas		40	288	19	26:43.0
2	*	David Gibbs		40	341	39	30:36.5

Arrow Dash 5K Run/Walk 2016

Age Group Results

5K Run

Female 40 to 44

Place		Name	City	Age	Bib No	Overall	Time
1	*	Laura McAlpin		41	181	33	29:05.0
2	*	Yolanda Tillman		44	358	38	30:14.7

Male 45 to 49

Place		Name	City	Age	Bib No	Overall	Time
1	*	Willie Jelks		48	334	13	25:33.6

Female 45 to 49

Place		Name	City	Age	Bib No	Overall	Time
1	*	Regina Jelks		49	335	44	32:19.6
2	*	Stephanie Jierski		49	146	56	35:57.4

Male 50 to 54

Place		Name	City	Age	Bib No	Overall	Time
1	*	Jeff Hollingshead		52	125	47	32:57.5

Male 55 to 59

Place		Name	City	Age	Bib No	Overall	Time
1	*	Jack Wright		57	371	23	27:17.5

Female 55 to 59

Place		Name	City	Age	Bib No	Overall	Time
1	*	Dawn Boelke		56	20	77	49:15.5

Male 70 and Over

Place		Name	City	Age	Bib No	Overall	Time
1	*	Stephen Johnson		71	148	59	39:21.9

Arrow Dash 5K Run/Walk 2016

Age Group Results

5K Walk

Male Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Russ Wardlaw		40	356	3	41:15.9

Female Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Elane Saxton		50	248	5	47:25.3

Male Grand Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Phil Burchfield		65	47	12	52:06.0

Female Grand Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Mina Darnell		50	78	6	47:25.9

Male Open Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Larrry Sykes		72	327	2	37:29.3

Female Open Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Claire Gilliam		33	98	1	37:26.3

Arrow Dash 5K Run/Walk 2016

Age Group Results

5K Walk

Female 19 and Under

Place		Name	City	Age	Bib No	Overall	Time
1	*	Kelsey Gammill		19	381	17	52:35.8
2	*	Abby George		19	380	18	52:36.9
3	*	Katie Dickie		19	84	24	54:51.3
4		Sarah Lewis		19	166	25	54:53.0
5		Kayla Kellum		19	156	26	54:53.2

Male 20 to 29

Place		Name	City	Age	Bib No	Overall	Time
1	*	Griffin Sullivan		28	276	21	54:04.8

Female 20 to 29

Place		Name	City	Age	Bib No	Overall	Time
1	*	Megan Lewis		25	165	7	48:21.6
2	*	Bethany Ballard		24	13	15	52:33.2
3	*	Becca Sullivan		26	274	20	54:04.0
4		Jessica Archer		29	10	28	57:16.4

Male 30 to 39

Place		Name	City	Age	Bib No	Overall	Time
1	*	Jaque Poirier		36	214	4	45:18.5

Female 30 to 39

Place		Name	City	Age	Bib No	Overall	Time
1	*	Kellie Griffin		39	109	9	50:50.8
2	*	Jenifer Barrentine		39	14	14	52:32.1
3	*	Katy Goff		35	101	22	54:26.3
4		Leslie Mikell		32	189	27	57:15.9

Female 40 to 49

Place		Name	City	Age	Bib No	Overall	Time
1	*	Elizabeth Kirby		42	159	16	52:34.2

Arrow Dash 5K Run/Walk 2016

Age Group Results

5K Walk

Female 50 to 59

Place		Name	City	Age	Bib No	Overall	Time
1	*	Beth Michel		51	188	8	48:25.5
2	*	Sandy Halliwell		54	373	11	51:47.1
3	*	Lianne Brashier		52	32	13	52:30.7
4		Cheryl Yelverton		57	311	19	54:02.9

Female 60 to 69

Place		Name	City	Age	Bib No	Overall	Time
1	*	Pamela Fuentes		61	374	10	51:38.7
2	*	Sherry Jones		63	150	23	54:27.0