Race Date

July 27, 2024

Granteroa L. Short "I Am Proof Fitness Day" 5K

Overall Finish List

5K Run

Overall	Name	City	Bib No	Age	Gend	AG Place	Time
1	Roland Rhodes		33	63	M	1 Top Fin	28:06.5
2	Amanda Pendleton		1	32	F	1 Top Fin	28:21.5
3	D'Quan Belton		7	40	M	1 1-99	30:27.4
4	Cameron Alexander		4	24	M	2 1-99	31:14.5
5	Benny Charles,JR		37	41	M	3 1-99	31:29.7
6	Katie Shannon		9	39	F	1 1-99	31:52.6
7	Christine Woodberry		5	44	F	2 1-99	32:09.4
8	Jesse Larry		8	56	M	4 1-99	32:10.1
9	LeQuan Belton		12	40	M	5 1-99	34:11.4
10	Latissa Adams		36	29	F	3 1-99	37:05.9
11	Nacoya Pickett		14	33	F	4 1-99	37:06.4
12	Katrice Kinzie		10	44	F	5 1-99	40:15.7
13	Amanda Dixon-Oatis		17	45	F	6 1-99	43:28.9
14	Ty Hilliard		15	46	F	7 1-99	44:23.3
15	Mona Lisa Carr		34	59	F	8 1-99	46:14.7
16	Kayla Yarn		11	35	F	9 1-99	53:47.2

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July 27, 2024

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Overall Finish List

5K Walk

Overall	Name	City	Bib No	Age	Gend	AG Place	Time
1	Rod Simmons		28	50	M	1 Top Fin	40:25.1
2	Benita Larry		19	53	F	1 Top Fin	40:52.9
3	Kamekia Collins		23	43	F	2 Top Fin	44:06.5
4	Damien Gary		32	38	M	2 Top Fin	47:43.6
5	Nicolette Floyd		27	45	F	3 Top Fin	49:42.0
6	LaKeia Vaughn		25	44	F	1 1-99	49:43.2
7	Vonda Belton		30	60	F	2 1-99	54:01.8
8	Sharlet Collins		31	60	F	3 1-99	56:25.2
9	DAna Price		21	39	F	4 1-99	57:24.8
10	Latisha Wilbert		26	44	F	5 1-99	58:42.4